



# MARULAN PUBLIC SCHOOL

*"Play the Game"*



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March 26, 2018

Term 1 Week 9

## Harmony Day

Congratulations staff and students and community on a wonderful Harmony Day celebration last Monday. Students researched and prepared food from a delicious range of countries and collaborated to bring our food market to life in the COLA. In addition, we raised \$134 to donate to the Papua New Guinea earthquake relief.

## Debating workshop

On Thursday a number of primary students took on the challenge of attending a debating and public speaking workshop in Bowral, in preparation for participation in our school's debating team. Ms Pryor was incredibly impressed by the attitude and participation of the Marulan students who really rose to the occasion.

## Grandparents Day

Our annual Easter Hat Parade and Grandparents Day event will be held this Thursday 29 March. As usual, we will ask that grandparents, family and friends come into classrooms in the morning to help children make their hats with resources provided by the school. We don't want Easter hats to be made at home and brought in on the day as part of the fun is making them all together. Please make a note of the date and invite grandparents and friends to join us for the parade, cake stall and a sausage sizzle lunch.

## Cake Stall

The school asks for donations of cakes and slices to be sold at our morning tea on Grandparents' Day, Thursday March 29. All cakes and slices can be left at the office on the day. We thank you in advance for your assistance.

## Athletics Carnival

Our annual school athletics carnival is scheduled for Wednesday 11 April and will be held at the Marulan Soccer Fields. We will start with junior students' races (5,6 and 7 year olds) and then begin the championship events, which are for students turning 8 this year and older. Parents are very welcome to join us and cheer the athletes on.

**Marianne Powles**  
**PRINCIPAL**



## Grandparents' Day & Easter Hat

### Parade Thursday March 29

9.30am Hat making

10.45am Morning tea

11am Assembly and Easter Hat Parade

12.00pm Lunch

12.45pm Easter Egg hunt

1pm conclusion

# Important Dates

for your calendar or diary

## Term 1

### March

**Thurs 29** Grandparent's Day & Easter Hat Parade (SRC)  
**Fri 30** GOOD FRIDAY holiday

### April

**Mon 2** EASTER MONDAY holiday  
**Wed 11** Athletics Carnival  
**Fri 13** Last day Term 1

## Term 2

**Mon 30** School Development Day

### May

**Tues 1** Students resume  
**Fri 4** Cross Country carnival  
**Wed 30** Assembly 5-6 2.15pm



The Goulburn Regional Conservatorium's early childhood music classes for family day cares, preschools and child care centres.

Music education is a very important part of early childhood education. Various studies have shown that music helps children learn more effectively. The GRC's aim is to provide high quality Early Childhood Music classes that are engaging, energetic and FUN!

Melodia is an interactive instrument-based program designed around the Early Years Learning Framework of play-based learning. Each week children are taken on a musical journey exploring the core concepts of music through musical games, singing, dancing, fun puppet friends, and a wide range of musical instruments that are cycled through weekly.

Fresh ways of teaching solfege, pitch, rhythm and dynamics techniques all revolve around live music and play which creates a fun and developmentally appropriate music program for the 0-7 year age group.



For more information about the Melodia early childhood music program, please ask your child care provider or contact the Goulburn Regional Conservatorium.

160 Bourke St, Goulburn | 4821 8833 | thegrc.com.au | enquiries@thegrc.com.au

## Melodia Music at Marulan PS

Every Tuesday morning during term,  
9.30am— 10:15am in the Community  
room. \$5 per child.

## Breakfast Club Roster

### TERM 1

#### March

**Tues 27** — Raylene & Jenny

**Wed 28** — Maureen & John

**Thurs 29** – Danielle & Debbie

**Fri 30** — GOOD FRIDAY HOLIDAY

#### April

**Mon 2** — EASTER MONDAY HOLIDAY

**Tues 3** — Raylene & Jenny

**Gold coin donation requested.** Thank you for  
your support of our students and school.

*Please do not send your child/  
children to breakfast club prior to  
**8:00am** as there is **no** supervision.*

## Marulan P&C Association

### Easter raffle & tickets

All tickets & money should be returned to the office prior to the raffle being drawn on the 29th. Extra tickets are available if required and some will be sold on Grandparents' Day, this Thursday.

### Special meeting March 27

The P&C are having a Special General Meeting to be held on the 27th March. An agenda will be forwarded prior. All welcome to attend.

### Helpers for Grandparent's Day BBQ

The P&C are also looking for a couple of helpers for about an hour at Grandparents' Day to assist with a BBQ lunch. If you are able to assist for an hour please contact the P&C President on 0437970881, via Facebook or the school office.

### Athletics Lunch order

Attached is a lunch order for the Athletics Carnival held on Wednesday 11 April. All orders and payment to be back to school by Thursday 5 April.

Registrations now open  
[www.playfootball.com.au](http://www.playfootball.com.au)

**Marulan** 

School kids save \$100  
 with the Active kids rebate  
[www.service.nsw.gov.au](http://www.service.nsw.gov.au)



It's time to register for this season. You are able to claim \$100 for school age children online at Service NSW (Active Kids Program). You will receive a number then go to Football NSW website for registration.

This season there is a No Pay, No Play policy.



ROAR- REDISCOVER ONESELF WITH ALEX RIDLEY



# 'FROM FRANTIC TO FREE'

OWN YOUR TIME & RECLAIM YOUR LIFE

## HEY, STRESSED MAMA!

'How are you?'

'Busy!'

This is one of the most common responses we give today. We wear 'busyness' like a badge of honour, as if it is related to our worthiness but...has busyness pushed aside happiness?

In this fun, practical workshop, you will:

- \* Discover why you keep saying yes to things, even if they don't align with who you are, what you want or your goals
- \* Pinpoint which of the 'Busyness Problem Ps' manifest themselves in your life, resulting in stress, inner conflict, anxiety and feeling overwhelmed
- \* Explore ways to embrace a simpler way of life, filled with soulful and sustainable activities that fuel you
- \* Identify how owning your time and making choices with clarity and confidence can bring you a sense of inner peace and calm
- \* Find out how to move from Frantic to Free and towards a more fun, freedom-based and fulfilling 2018

Limited spots. Book today.



## WORKSHOP DETAILS

- Date: Thursday 5th April 2018
- Time: 6:30pm-8:30pm
- Place: Workspace 2580,  
56 Clinton St Goulburn NSW

Register at:

<https://fromfrantictofree.eventbrite.com.au>



**ROAR**

Find Your Courage. Release Your Roar.  
 Rediscover Oneself with Alex Ridley

[www.alexridley.com.au](http://www.alexridley.com.au)  
 @alexridleyofficial