



MARULAN PUBLIC SCHOOL

"Play the Game"



Marulan Public School acknowledges the traditional custodians of this land and pays respect to Elders past and present. We must always remember that this land is, was and always will be traditional land.

63 George St, Marulan

Website: www.marulan-p.schools.nsw.edu.au

Ph.: 4841 1573

June 12 2019

email: marulan-p.school@det.nsw.edu.au

Term 2 Week 7

Whooping Cough Bacteria

We have been informed a student has tested positive to the bacteria linked to whooping cough. At present there are no cases of whooping cough within our school. We have included information from NSW Health for parents to read for precautionary measures.

Regional Cross Country

Last Friday, Daisy from 3/4P represented our school at the Regional Cross Country at Cambewarra Mountain. It is an amazing achievement to make it to this level. Daisy placed 25th out of 80 competitors. Congratulations, we are very proud of you!

IGA Donation

IGA has kindly donated the profits of their esky raffle to Marulan Public School. The donation of \$57.15 will go towards providing necessary equipment and resources for students. We would like to thank IGA for their generosity and continued support!



Debating Team

Next Monday our debating team consisting of Bernadette, Mackenzie, Lilyana and David will be travelling to Braidwood to compete against Braidwood and Bungendore. Good luck debaters!

Take Off

Marulan Public School invites all children starting kindergarten in 2020 to join our 'Take Off' program. Sessions will begin on Monday August 19 from 9:30-10:30am. If you would like any further information, please contact the office.

Kindergarten Enrolments for 2020

Our Kindergarten enrolments have begun for 2020! If your child is turning five years of age on or before July 31 2020, and you live in the area, your child is eligible to enrol. Feel free to come into the office or call the school on 4841 1573, for more information.

Winter Wellness

Coming into the change of seasons, if your child is unwell please keep them at home until they are feeling better, to prevent the spread of illness. Please contact the office so we can mark them as sick.

Term 2 Events

Thursday June 20

Big Read Bus visit 9-10am

Friday June 21

Sharing Culture Aboriginal Performance

Book Club orders close

Wednesday June 26

Dental Health Check—FREE

NSW Health visit

Pop-up Canteen

Friday July 5

ASSEMBLY K6K 2:15PM

Term 3 Events

Monday July 22

Staff Development Day

Tuesday July 23

Students return

Friday July 26

National Tree Planting Day

Thursday August 1

Big Read Bus visit 9-10am

Jeans 4 Genes Day

Tuesday August 6

GCoPS— Goulburn Workers Club

Friday August 9

District Athletics

Wednesday August 14

Quota Public Speaking

Friday August 16

ASSEMBLY 1/2

Monday August 19

Take-off Program—first session
9.30-10.30am

Breakfast Club Roster

TERM 2

June

Thurs 13 — Sue & Raylene

Fri 14 — Stephanie & Shannon

Mon 17 —Col

Tue 18 — Sue & **Help needed**

Wed 19 — Maureen & John

Gold coin donation required. Thank you for your support of our students and school.

THANK YOU to the Marulan bakery for their generous support of our Breakfast Club with bread.

Please support the bakery.

Please do not send your child/children to breakfast club prior to **8:00am** as there is **no** supervision.

Melodia Music at Marulan PS

Fabulous fun for pre-school aged children.

Every Monday morning during term,
12:00pm— 12:45pm in the Community room. \$5 per child. All welcome!

Contact the school for more information
4841 1573.



The Goulburn Regional Conservatorium's early childhood music classes for family day cares, preschools and child care centres.

Music education is a very important part of early childhood education. Various studies have shown that music helps children learn more effectively. The GRC's aim is to provide high quality Early Childhood Music classes that are engaging, energetic and FUN!

Melodia is an interactive instrument-based program designed around the Early Years Learning Framework of play-based learning. Each week children are taken on a musical journey exploring the core concepts of music through musical games, singing, dancing, fun puppet friends, and a wide range of musical instruments that are cycled through weekly.

Fresh ways of teaching solfege, pitch, rhythm and dynamics techniques all revolve around live music and play which creates a fun and developmentally appropriate music program for the 0-7 year age group.



For more information about the Melodia early childhood music program, please ask your child care provider or contact the Goulburn Regional Conservatorium.

Marulan Public School



CANTEEN



Friday 14 June

MENU

Choose from: - **3 Items for \$5**

Mince-filled potato

Sausage Roll

Toastie - HAM/CHEESE/TOMATO

OR Fresh Sandwich as above
& Vegemite and/or Cheese

JELLY FRUIT or
CUP



or YOGHURT or CUSTARD

MILK or
Strawberry or
Chocolate

JUICE
Orange or
Apple

or WATER

Proudly operated by the Ladies of the Marulan Branch of



Country Women's Association

of New South Wales

All lunch orders need to be in the lunch order box in the COLA by **9am Friday mornings**.

SAFE

RESPECTFUL

RESPONSIBLE

P&C News

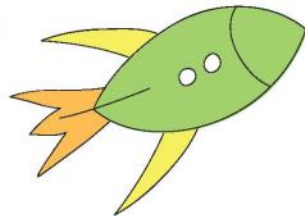
Marulan Public School Parents and Citizens Association express their thanks and appreciation to all out going committee members as at the AGM of June 11, 2019.

MPS P&C Association welcomes Krystle Christian as President, Lynette Edmunds as Treasurer and Raylene Neville as Vice President.

To facilitate committee handovers a special meeting has been called for **Tuesday June 25 2019 at 3.30pm** in the community room at Marulan Public School.

Membership fees of fifty cents (\$0.50) for the new term of the P&C Association are now due and payable. Payment can be made to the office staff at MPS.

TAKE OFF



**Marulan Public School
invites all children starting school in
2020 to join us for 'Take off'.**

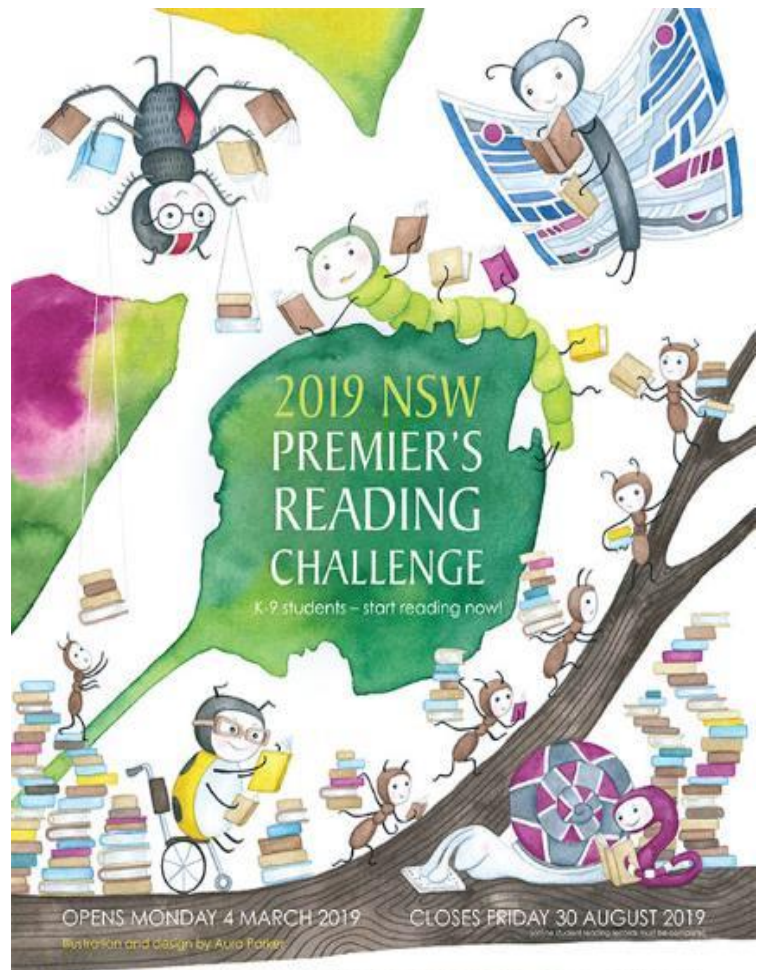
**Take Off is our school readiness and
transition program.**

**Each week students enjoy 1 hour of pre-
school activities at big school. It allows
children time to become familiar with
the primary school environment and to
build new friendships.**

**'Take off' will commence
Monday 19 August
9:30am - 10:30am
in the school Community Room.**



For more information please call Marulan Public School, 4841 1573.



OPENS MONDAY 4 MARCH 2019

Illustration and design by Auro Parker

CLOSES FRIDAY 30 AUGUST 2019

Some student reading awards will be awarded

www.premiersreadingchallenge.nsw.edu.au



Media Partner



Supporting Partner





3/4P Literacy Groups



Woolworths Earn & Learn is back in 2019! With only 2 weeks left collect as many stickers as you can and pop them in the collection box in our school office or at Goulburn Woolworths!

HUME CONSERVATORIUM

Music Lessons @ Your School!

Weekly lessons available in guitar, piano,
voice, brass, strings and wind!

QUALIFIED TUTORS ▪ STUDENT CONCERTS
STUDENT REPORTS
INDIVIDUAL, SHARED & GROUP LESSONS AVAILABLE

Enrol online, or contact us for more information.



Dana's story

Baby Dana was born a happy, healthy girl. She was breastfeeding well and putting on weight.

At 11 days old, she developed a blocked nose and was unsettled at night. Dana's parents acted quickly and saw the GP. When she was three weeks old, Dana developed an occasional cough and appeared to gag, and her parents returned to the GP. As soon as Dana tested positive for whooping cough, she went straight to hospital.

Soon after arriving, Dana had her first coughing bout where she turned blue and needed oxygen. On the third day at hospital, Dana developed pneumonia and she was placed on a ventilator. She was transferred to intensive care.

On the fifth day, the whooping cough toxins caused her organs to shut down and Dana had a cardiac arrest. She was only 32 days old when she died.

Nobody knows where Dana was infected with whooping cough. It may have been at her sibling's school or preschool. A loving relative or friend, or a complete stranger may have unknowingly passed the infection on.

Whooping cough affects people of all ages, but the real danger of the devastating disease is on young babies like Dana.



Where do I go for further information?

For more information please contact your doctor, local public health unit or community health centre. Look under NSW Government at the front of the White Pages.

Public Health Units in NSW 1300 066 055

Save the Date to Vaccinate

It's important to make sure that vaccinations are given on time so that babies are protected early and not at risk of catching serious diseases. The 'Save the Date to Vaccinate' phone App may help you ensure that your child's vaccinations are given on time.



Check out the 'Save the Date to Vaccinate' website for useful information and resources such as the ability to print a personalised immunisation schedule for your child(ren) and videos at www.immunisation.health.nsw.gov.au

Websites

NSW Health Immunisation Programs
www.health.nsw.gov.au/immunisation

NSW Health Whooping Cough (Pertussis)
www.health.nsw.gov.au/pertussis

Whooping Cough



1 IDENTIFY
the disease



2 PROTECT
your child



3 PREVENT
the spread

That's why it's up to everyone to

IDENTIFY • PROTECT • PREVENT



Health



Health

SHPN (CHP) 150329



1 IDENTIFY



2 PROTECT



3 PREVENT

What is whooping cough?

- Whooping cough (or pertussis) is a serious respiratory infection that causes a long coughing illness. In babies, it can lead to pneumonia and brain damage.
- Whooping cough can be life-threatening for babies. Newborns are not immune and they often get extremely sick.
- Older children and adults can get whooping cough and can spread it to others, including babies.
- Antibiotics can prevent whooping cough spreading if given early but the cough often continues after treatment.

What are the symptoms?

- Whooping cough starts like a cold with a blocked or runny nose, sneezing, a mild fever and an occasional cough.
- The cough gets worse and severe bouts of uncontrollable coughing develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns don't cough at all but stop breathing and turn blue.
- Older children and adults may just have a mild cough that doesn't go away.

How is whooping cough spread?

- A person with whooping cough can spread it to others in the first 3 weeks of illness. Bacteria coughed into the air can be inhaled by babies, children or adults nearby.

Protect your baby

- Pregnant women should be vaccinated in the third trimester (preferably at 28 weeks) so their immunity transfers to their baby to protect them during the first few months of life, until they are old enough to be vaccinated.
- The first course of whooping cough vaccine for babies is given at 6 weeks, 4 months and 6 months of age.
- It is important to vaccinate your baby on time so they can be protected as soon as possible.
- If your baby's vaccinations are overdue, speak to your GP about catching up now.
- Whooping cough vaccine is effective but doesn't protect all babies. You still need to 'watch out', even if your baby is vaccinated, by keeping people with a cough away from them and asking close adult family members and carers to be vaccinated if they have not had a whooping cough vaccine in the past 10 years.

Older children

- By vaccinating older children at 18 months and 4 years of age and again in the first year of high school, you boost their protection against whooping cough. This also helps to stop spread of the disease to young babies and others.
- Check that all of your children have been fully vaccinated.
- Remember that vaccinated children can still catch whooping cough.

Adults

- Adults can get whooping cough and can spread the infection to babies. They may just have mild symptoms and may not realise that their cough could cause harm.
- Pregnant women should be vaccinated in the third trimester (preferably at 28 weeks) of each pregnancy, even if the pregnancies are close together.
- If whooping cough vaccine is not given during pregnancy, new mothers should be vaccinated as soon as possible after delivery and before leaving hospital.
- Adult family members and carers who have close contact with newborn babies should be vaccinated, at least 2 weeks before any contact, if they have not had a whooping cough vaccine in the past 10 years.
- Child care and health care workers should get a booster every 10 years.

How can I prevent the spread of whooping cough?

- Whooping cough is highly infectious in the first 3 weeks. It spreads easily through families, childcare centres and schools, so it's important to act fast.
- Anyone with symptoms should see a doctor as soon as possible. Your GP can test for whooping cough. Early diagnosis is especially important for new parents and people who have regular contact with babies.
- If whooping cough is detected early enough, your doctor may prescribe a course of antibiotics for 5 days.
- People diagnosed with whooping cough should stay away from work, school or childcare until no longer infectious. Ask your doctor when it's safe to return.

